Cluster	Subject Title	Instructor	Credit	Semester
A-P	Essentials of Leadership and Group Dynamics	Dr. Gregory Ching	2	Winter 2026
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Subject Description

For professional and personal success in today's dynamic and interconnected world, leadership skills and the ability to navigate group dynamics are crucial. In this course, you will gain the knowledge, skills, and strategies you need to become an effective leader and a valuable member of your team. By combining individual and group activities with theoretical concepts, this course emphasizes communication, problem-solving, and decision-making. It will also cover topics such as motivation and team dynamics. The course will conclude with a discussion of ethical considerations in leadership.

Objective

- Define leadership and understand its significance
- Communicate effectively and resolve conflicts
- Promote diversity, equity, and inclusion
- Thrive in challenging situations
- Be able to think critically and responsively

Leaning Method

Lecture, group activities, group discussion and sharing, reflection writing, and final reporting.

Content

Include the following but not limited to: role of a leader, creating trust, influencing, motivation, negotiation, group formation, and managing conflict.

5 Feb

- 9:30-10:30 Reflecting Life's Up and Down
- 10:40-12:10 Personality Birds of the same Feather
- 13:30-14:30 Team building Tower
- 14:40-16:00 Team building Pyramid
- 16:10-17:00 Team building Collaborative or Cooperative

6 Feb

- 9:30-10:30 Opening doors at school and at home
- 10:40-12:10 GenZ Work Value & Learning Styles
- 13:30-14:30 Creating Trust
- 14:40-16:00 Influencing Others
- 16:10-17:00 Win-Win

7 Feb

- 9:30-10:30 Motivating others
- 10:40-12:10 Facilitating change
- 13:30-14:30 Group presentations
- 14:40-16:00 Group presentations
- 16:10-17:00 Group presentations

Requirement

This is an engaging course. Throughout the course, students share information and ideas with each other. The willingness of the student to engage rigorously with the material, to listen, to engage with an open mind, and to actively participate in class is very important.

Evaluation

Attendance (20%)

Class participation/engagement and professionalism (50%)

Final presentation/reporting (30%)

Textbook and reference

Lecturer prepared materials. Levi, D. (2014). Group dynamics for teams (4th ed.). Thousand Oaks, CA: Sage. Organizational Behavior by Robbins and Judge		
Pre-course reading and preparation (if any)		