

# ワクチン接種後も 継続を!!



☑ マスクの着用



☑ 手洗い



☑ 密を避ける



ワクチンは、2回接種後から2週間程度たたなければ予防効果が十分でないといわれています

マスク着用等の感染対策をやめると感染予防効果が弱まります

接種後も マスク着用・手洗いなどの  
感染対策をしっかりとしましょう。



# Summer Vacation is Here! Have Fun! Be Responsible!

With the highly contagious Delta variant causing the number of COVID-19 infections to spike in Japan, students, faculty and staff are reminded to be extra careful during the summer break and Obon season.

**Even if you have been vaccinated, there is still a risk that you can spread or get infected with the coronavirus. So please do not let your guard down yet.**



## If you're thinking of travelling or returning to your hometown:



- Please reconsider. It is safer for you, as well as your friends and family, to hang out online instead.
- Tokyo remains in a state of emergency and should be avoided.
- Japan's borders are still mostly closed. Note that if you leave, you might have trouble coming back.



## If you're meeting up with family and friends:

- Please avoid large groups, especially if there's eating, drinking or singing involved.
- Parties associated with student clubs and circles are strictly prohibited.
- Take special care when meeting vulnerable people such as the elderly or those with underlying health conditions.



## Summer activities:



- Avoid popular times and places that attract large crowds.
- Remember to wear a mask even when doing outdoor activities.
- It is very hot, so stay hydrated and make sure that rooms are properly ventilated.

**In all situations, please wear a mask, wash your hands, keep physical distance from others and avoid the 3Cs (closed spaces, crowded places and close-contact settings.) If you feel unwell, stay home and monitor your condition.**

**Let's all have a safe and restful summer. See you next semester!**

